

# **IMPORTANT INFORMATION FOR SENIOR KAYAKING INTEGRITY RETREAT:**



**SEPTEMBER 9 & 11, 2020**

## **TO PREPARE FOR YOUR RETREAT:**

- Meet in the Chapel at 7:55 am for attendance and Mass.
- Dress down in appropriate, layered clothing.  
(We recommend athletic clothing with a swimsuit underneath.)

## **PLEASE BRING THE FOLLOWING:**

- Lunch and water bottle
- A towel for drying off
- Sunscreen
- License/State ID

**ANY QUESTIONS STOP BY CAMPUS MINISTRY OR EMAIL US  
AT HALLE.MCKEON@NDCL.ORG; BENJAMIN.LOZAR@NDCL.ORG**

**Looking forward to a great day!**

**~Miss McKeon and Mr. Lozar**

