

Some signs that your child may be vaping

In the past, parents could easily tell when their kids were smoking. However, it is nearly impossible to tell when their kids are vaping e-cigarettes because the vapor often contains very little odor for the parents to detect. Also no ashes or cigarette butts are left behind, making it very difficult to clearly ascertain that the child is using nicotine. For parents who are curious to know if their children are vaping, here are some signs:

A sweet but unexplained scent

The vapor produced by e-cigarettes can be either odorless or scented. However, teenagers will mostly choose the e-cigarettes that produce scented vapor. The e-liquid comes in various flavors like bubblegum, chocolate, and watermelon, and is easily available online. If the parent catches a whiff of fruit, desserts, or other sweet aromas near the child and there is nothing to justify the smell, then this should raise some red flags.

Strange pen-like devices

E-cigarettes are designed to look like many things. From cell phones to pens, anything that will appeal to teenagers is possible. For most teenagers, however, pens or flash drives are the desired design choices. These devices can be plugged in and recharged like other gadgets at home. If a parent notices strange pen-like devices in the bedrooms of their teenagers or on their persons, this could be a clear indication of vaping.

Unfamiliar batteries in the bedroom or on a charger

E-cigarettes run on rechargeable batteries. After their use, they require recharging. Some require special chargers, which are available online and come in various sizes and designs. If a parent notices chargers or batteries in a child's bedroom that cannot be explained, they might belong to a vaping device.



Coils and cotton



Have you seen any of these lying around?

E-cigarettes work by vaporizing a liquid containing nicotine that is inhaled by the user to induce a high. Once the e-liquid is used up, the device can easily be refilled once the e-liquid has been bought. In the process of refilling, various materials such as organic cotton, empty plastic vials, or thin metal wire or coils may be used. If a parent comes across such items, used or not, and the child cannot satisfactorily account for them, this could be a clear indication of vaping.

Discarded atomizers

Have you spotted small metal items like these in the trash?

Atomizers turn the liquid inside an e-cigarette into vapor. Eventually the atomizers burn out and are thrown away. The presence of discarded atomizers is a clear indication of vaping. Parents should be on the lookout for them.



Source: vaping411.com